



## Coach Commitment Contract

### The Coach Will:

- a. Abide by all By-laws and Standing Rules of the CST organization.
- b. Exemplify behavior that is representative of being an adult, a coach, a member of the CST, and a leader of young women.
- c. Demonstrate high ideals, good sportsmanship, and desirable attitudes in personal behavior and demand the same standards from his/her players.
- d. Emphasize to his/her players, and support personnel the importance of proper sideline behavior, and the necessity of restraining from entering the playing field to engage in a fight or altercation of any kind.
- e. Maintain self-control at all times.
- f. Cooperate with, and assist the CST Executive Board in the planning, scheduling, and conduct of organization activities.
- g. Utilize positive educational methods in coaching; giving all players an opportunity to develop and use initiative, leadership, and judgment.
- h. Pay close attention to the physical condition, and well being of players; refusing to jeopardize the health of an individual for the sake of improving his/her team's chances of winning.
- i. Discourage profanity or abusive language directed toward anyone involved with the CST club and its activities.
- j. Refuse to disparage opponent, officials, or others associated with the CST or its activities.
- k. Conduct himself/herself properly when raising a question about or discussing a call with an official.
- l. Will not use illegal drugs or engage in excessive use of alcohol .
- m. Will not provide rides to players, unless accompanied by other players or another adult.

Violation of any of the above rules can and/or will mean corrective action by the Board of the CST organization . The corrective action can be any action the board feels is necessary up to and including removal from the CST organization.

COACH \_\_\_\_\_

DATE \_\_\_\_\_